

Bucksport Senior Center Meals Program Meals Prepared by RSU#25 Staff

Please Make checks payable to RSU #25 Please call in advance as soon as you know you are able to attend to allow us to plan enough meals for the day. Please call if you are unable to attend after a reservation is made. The meals are served 11:30a.m. at the Senior Center @ 125 Broadway

Call 469-3632 for information or reservation

Monday	Wednesday	Friday	
Sept 3 Labor Day Holiday No Meal	Sept 5 Spaghetti and Meatballs w/Garden Salad, Garlic Bread Fruit and Yogurt	Sept 7 Shepherd's Pie made with mashed potato and corn Rolls, Cookie	All Ages are Welcome to attend the meal! \$4 per meal Bring a Friend!!
Sept 10 Fish & Shrimp Casserole, Long Grain Rice & Ceasar Salad Pudding	Sept 12 Pot Roast w/mashed potato & glazed carrots "Fresh Fruit"	Sept 14 Roast Pork Sweet Potato Peas & Carrots Chocolate Ice Cream	Meal subject to change without notice subject to availability of items
Sept 17 Breaded Chicken Parmesan w/ pasta & garden salad Sherbert	Sept 19 Stuffed Shells w/meat sauce & Garlic Bread, Fresh Veggies Carrot Cake	Sept 21 Best Ever Meatloaf with baked potato steamed veggies Pumpkin Cake	Stay Hydrated! Drink Water Welcome Summer!!
Sept 24 Ham & Broccoli Quiche, Spinach Mandarin Orange Salad Frozen Yogurt	Sept 26 Chicken Pot Pie Stuffing Cranberry Sauce Jello w/topping	Sept 28 Baked Haddock Rice Pilaf Spinach Hawaiian Dream Cake	All meals served with Reduced fat milk Coffee and drink available
	Interested in cooking dessert items on Thursday morn?? See Pete	Dessert will vary depending upon availability of cooked items during the week	Whole wheat is used in most baked items